

**"WHY SETTLE FOR MEDIOCRITY?
YOU WERE BORN TO ACHIEVE GREATNESS!"**

SPEAKER . AUTHOR . LIFE COACH

L O R N A B L A K E

**Why people are lining up to
hear Lorna speak:**

- Lorna keeps it real when she speaks. Her stories are genuine and powerful. She connects to students at their level, like a big sister talking on issues that matter to them.
- Lorna is known for delivering talks that are filled with passion and energy. After only a few minutes audiences are captivated by Lorna's inspiration, insight and ability to engage people. Her style is interactive.
- Most importantly, Lorna is highly professional. She works to create a presentation that matches your event.



☆ LORNA BLAKE'S PROGRAMS

DON'T JUST LAY THERE, GET UP AND RUN!

**How to Achieve Success Against all Odds
(Leadership)**

This presentation is a must for your next leadership event!
It provides key principles to create extraordinary student leaders and takes leadership to a whole new level.

INCLUDES:

- How to overcome negative programming
- How to program yourself for success
- How to handle change without losing your mind
- The one must-have quality to develop as a leader



FINDING YOUR PURPOSE AND LOVING THE PROCESS LIFE SKILLS/PURPOSE

So you're in school, about to graduate and make lots of money but why are you here? If you don't know where you're going, you're going to end up anywhere... Your life has meaning and purpose. Act like it!

-Gives you concrete reasons to feel good about who you are and who you're becoming

-Empowers you to discover who you really are and live your own dreams instead of someone else's

☆ LORNA BLAKE'S PROGRAMS

THE 4 SECRETS TO STUDENT SUCCESS ORIENTATION

Learn four simple practical strategies that put you on the road to educational success. The most powerful thing you possess is the power of choice. Choose wisely.



POWERFUL LESSONS INCLUDE:

- The importance of making positive choices to have a more fulfilling life
- Learn to manage your attitude, time and relationships

LOVING ME, LOVING YOU DIVERSITY, RELATIONSHIPS, WOMEN'S ISSUES

This program is unique in that it emphasizes the need for self-love, self-acceptance before we can love others. We go beyond the externals to challenge your reality and empower you to give more to yourself thus giving more to the world and having a greater impact.

WITH AN INTERACTIVE STRUCTURE THAT:

- Provides a safe environment to discuss cultural and interpersonal differences without being judged
- Shows you how to get to know and appreciate yourself and how your self-image affects your relationships with others

LORNA IS A SPEAKER FOR ALL OCCASIONS

- AWARDS BANQUETS
- BLACK HISTORY MONTH CELEBRATIONS
- CONFERENCE KEYNOTES AND WORKSHOPS
- COMMENCEMENT CEREMONIES
- LEADERSHIP RETREATS
- LECTURE SERIES
- ORIENTATIONS
- STUDENT GOVERNMENT PROGRAMS

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ABOUT LORNA

LORNA is a speaker your students will never forget. With inspiration as her trademark she is powerful, passionate and engaging! She has helped hundreds of students find their purpose, maximize their potential and live more responsibly.

Born to a teenage mother in rural Jamaica, she was reared in tough inner-city neighbourhoods in Kingston, Jamaica. She is now a Life Coach in the field of personal development and self-empowerment. A product of her message, Lorna finished university at the top of her graduating class while having two babies!

Lorna has worked as a Coordinator in Social Services and Health Care. As a teacher, she has taught students on two continents.

She is the owner of LJ Empowerment Consulting – a company that specializes in helping people to find their purpose and achieve their goals and dreams. She is the author of “10 Steps to College Success”.



WHAT PEOPLE ARE SAYING



Dear Lorna,

We want to thank you for coming to speak at our event! Not only did we receive great feedback on your presentation, you were a pleasure to work with. Your presentation was easily the highlight of the afternoon and we're already making plans to have you speak at another event.

Lalita Padathe - Volunteer Event Coordinator and Planner,
Ryerson University Women's Centre

Good day Lorna,
I was truly inspired by the message you shared with us and I felt privileged to have been there. Your experience and story is very inspirational. It definitely had an influence on me and I hope to be able to share what I have learned from you with other members of the group.

Joyce Tsui,
Nursing Student, Ryerson University

It was lovely meeting you... You are an inspirational speaker Lorna! I think your ideas resonated well with the crowd...

Catherine Chow,
Graduate Student, Ryerson University